

# My Flood Plan

## What to do Now?

- ☐ Identify who can help you and who you can help
- ☐ Check if ditches, drains, pipes, etc. are maintained
- ☐ If you have an insurance policy check if it covers flood damage
- ☐ Identify what you would need to take with you if you had to leave home
- ☐ Complete a flood plan, keep it safe, take a photo and save it in your phone
- ☐ Assess how flood water could enter your property and how it could be stopped by permanent or temporary measures
- ☐ Put important documents out of flood risk in sealed containers
- ☐ Consider if others or pets require special assistance
- ☐ Identify a suitable evacuation route to safety and a temporary refuge that avoids potential flooding elsewhere

## Identify Key Contacts

| Contact             | Contact Number | Out of Hours Number |
|---------------------|----------------|---------------------|
| Local Authority     |                |                     |
| Local Garda Station |                |                     |
| ESB Networks        |                |                     |
| Uisce Eireann       |                |                     |
| Gas Networks        |                |                     |
| Doctor              |                |                     |
| Insurance Company   |                |                     |
| Policy Number       |                |                     |

## Identify Service Cut-Off Locations

| Service     | Location Description |
|-------------|----------------------|
| Water       |                      |
| Electricity |                      |
| Gas         |                      |

## Identify Who Can Help / Needs Help

| Relationship | Name / Contact Details | How can they / you help? |
|--------------|------------------------|--------------------------|
|              |                        |                          |
|              |                        |                          |
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|              |                        |                          |

## Suggested Items to Include in a Flood Kit

- |                                                    |                                                   |                                              |
|----------------------------------------------------|---------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Torch and spare batteries | <input type="checkbox"/> Radio                    | <input type="checkbox"/> Rubber gloves       |
| <input type="checkbox"/> Warm waterproof clothes   | <input type="checkbox"/> Wellingtons              | <input type="checkbox"/> Antibacterial wipes |
| <input type="checkbox"/> Food and bottled water    | <input type="checkbox"/> Medication and first aid | <input type="checkbox"/> Items for pets      |
| <input type="checkbox"/> Toys for children         | <input type="checkbox"/> Towel / blankets         |                                              |

## Other Items as Required

- ☐ \_\_\_\_\_ ☐ \_\_\_\_\_ ☐ \_\_\_\_\_

## What to do when Flood or Heavy Rain is Forecast?

- ☐ Install temporary defences such as sandbags, flood boards, polythene sheets
- ☐ Make a list now of what should be moved to safety
- ☐ Place important documents in heavy duty polythene bags and move to safety
- ☐ Move car away from flood risk area if safe to do so
- ☐ Weigh down or securely store large items in gardens
- ☐ Notify friends, family, employees and seek help if needed
- ☐ Plan your escape route in case you have to leave your home quickly
- ☐ Ensure there are adequate supplies of water and food
- ☐ Turn off electricity, water and gas supplies – ensure you can find them in the dark
- ☐ Move or raise furniture, electrical, personal and sentimental items away from the risk
- ☐ Roll up carpets and rugs, remove long curtains or hang over rails
- ☐ Clear external drains / ditches / gratings of silt and other debris
- ☐ Move chemicals to high shelves and ensure containers are secure to prevent pollution
- ☐ Locate and complete your flood kit
- ☐ Contact elderly or mobility impaired neighbours to ensure they are prepared

## What do I do During a Flood?

If a flood threatens your area you can minimise damage and risk through careful preparation, but personal safety should always be your first concern. In a flood situation do the following:

- |                                                                                                                          |                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Stay safe, don't take unnecessary risks and be aware of structural damage                       | <input type="checkbox"/> Don't try to drive or walk through flood water, 300mm deep fast flowing water can move a car off the road |
| <input type="checkbox"/> Avoid contact with floodwater where possible as it is likely to be contaminated and/or polluted | <input type="checkbox"/> Take care when walking through shallow water, as there may be other unseen hazards such as open manholes  |
| <input type="checkbox"/> Always wear suitable clothing when working in or near floodwater                                | <input type="checkbox"/> Never try to swim through fast flowing water as you may get swept away or struck by objects in the water  |